

List of Resources to Help Parents, Teachers and Providers Cope with School Shooting

From the National Association of School Psychologists

- For Parents and Teachers: http://www.nasponline.org/resources/crisis_safety/terror_general.aspx
- Managing Strong Emotional Reactions to Trauma:
http://www.nasponline.org/resources/crisis_safety/angermgmt_general.aspx

From the National Child Traumatic Stress Network (NCTSN), <http://www.nctsn.org/>

- On the school shooting: <http://www.nctsn.org/trauma-types/terrorism>
- On talking to children about the shooting:
http://www.nctsn.org/sites/default/files/assets/pdfs/talking_to_children_about_the_shooting.pdf
- On the psychological impact of the school shooting:
http://www.nctsn.org/sites/default/files/assets/pdfs/psychological_information_sheet_two_pager.pdf
- On Psychological First Aid (a general strategy for providing help following a crisis or disaster):
<http://www.nctsn.org/content/psychological-first-aid>
- Tip Sheet for Youth Talking to Journalists about the Shooting
http://www.nctsn.org/sites/all/modules/pubdlnet/pubdlnet.php?file=/sites/default/files/assets/pdfs/youth_journalists.pdf&nid=113
- Parent Guidelines for Helping Youth after the Recent Shooting
http://www.nctsn.org/sites/all/modules/pubdlnet/pubdlnet.php?file=/sites/default/files/assets/pdfs/parents_guidelines_for_helping_teens_after_the_recent_attacks.pdf&nid=113
- On child traumatic grief: <http://www.nctsn.org/trauma-types/traumatic-grief/what-childhood-traumatic-grief>
- On sibling loss: http://www.nctsn.org/sites/default/files/assets/pdfs/Sibling_Loss_Final.pdf
- For Providers: <http://www.nctsn.org/resources/audiences/for-professionals>
- For School Personnel: <http://www.nctsn.org/resources/audiences/school-personnel>

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From the Wendt Center for Loss and Healing, <http://wendtcenter.org/>

- On grief: <http://wendtcenter.org/grief/what-does-it-feel-like-to-grieve.html>
- On the loss of a child: <http://wendtcenter.org/grief/loss-of-a-child.html>
- On explaining death to a child: <http://wendtcenter.org/grief/explaining-death-to-a-child.html>
- On loss of a spouse: <http://wendtcenter.org/grief/loss-of-a-spouse.html>
- On grief and homicide: <http://wendtcenter.org/grief/homicide.html>
- On helping others grieve: <http://wendtcenter.org/grief/helping-others-grieve.html>

From the Child Health and Development Institute's www.kidsmentalhealthinfo.com

- Information on child trauma: <http://www.kidsmentalhealthinfo.com/child-trauma.php>
- List of providers trained in Trauma Focused Cognitive Behavioral Therapy (TF-CBT): <http://www.kidsmentalhealthinfo.com/admin/uploads/resources/TFCBTproviders.pdf>